

Product Information. Please read carefully!

Instillagel[®] Almed

Lidocaine Hydrochloride 2%, Chlorhexidine Digluconate 0.05%

Sterile lubricant with auxiliary local anaesthetic and disinfectant properties

: Lidocaine Hydrochloride 2%, Chlorhexidine Digluconate 0.05%, Methyl-4-hydroxybenzoate, Propylene Glycol, Hydroxyethylcellulose, Sodium Hydroxide.

Therapeutic indications: Lubricant with auxiliary local anaesthetic and disinfectant properties for easier insertion of catheters and instruments.

Properties: Instillagel[®] Almed adheres well to the mucosa and does not obscure lenses and instruments. Instillagel[®] Almed is sterile.

Undesirable effects: Allergic reactions to one of the ingredients may occur in very rare cases (skin irritation, or anaphylactic shock in the most severe cases)

Contraindications: Instillagel[®] Almed should not be used in cases of known hypersensitivity to lidocaine hydrochloride, chlorhexidine, alkyl-4-hydroxybenzoate (parabens) or any of the excipients.

Pregnancy and lactation: Lidocaine should be used during pregnancy only if strictly necessary. Lidocaine crosses the placenta rapidly. Lidocaine may cause CNS depression and therefore a lowering of the Apgar score in neonates with high plasma concentrations. Lidocaine is excreted in low amounts in human breast milk.

Note: Undesirable effects can occur in very rare cases with severely bleeding wounds due to potential lidocaine resorption. The necessary therapeutic pleasures are decided upon by the physician.

Dosage: Unless otherwise prescribed, a) in urethral sounding and catheterisation: instil 5 or 10 ml. After the usual cleaning of the glans and external urethral orifice, Instillagel[®] Almed is instilled slowly into the urethra and the glans is compressed b) in cystoscopy: For the painless insertion of instruments, the entire urethra including the external sphincter must be coated with lubricant. This requires the instillation of 5 or 10 ml, and in some cases a further 5 or 10 ml. A penis clamp is applied in the area of the coronary sulcus.

Notes and information on packaging and stability: Do not use Instillagel[®] Almed after the expiry date! Discard remaining gel and do not use the empty syringe for any other purpose to avoid the risk of transmission of pathogens.

Keep out of the reach and sight of children!

Packs of 5 25 disposable syringes containing 5 / 10 ml.

Information last updated: March 2012